



# Brain Beats Music

## Make your own Movement Scarves

Congratulations on choosing to make these movement scarves to help further the learning of the children in your care. We hope you and your children get many hours of pleasure from using them.







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## Movement Scarves Instructions

### Materials and tools required:

- Disco sequin fabric (see photo)
- Hair elastics (choose ones that will fit comfortably around an adult's wrist)
- Sharp fabric scissors

### Instructions:

Cut squares of disco sequin fabric approximately 30x30cm.

Tie a hair elastic tightly onto one corner of each fabric square.

### Note:

Consider the fabric colours carefully. Try to choose bright colours that all children will enjoy. I avoid offering colours that might be fought over (e.g. pink and purple).